

**Please take a moment to read this page. This page will help you fully enjoy your treatments and passion beloved seasons our Saowarot .**

- When you arrived at Saowarot Spa, you will be asked to complete a brief from client consultation, to determine which treatment will best suit your needs. The signature treatment and self-motivation are also a good way to assesses at Saowarot Spa. At this time, please inform our spa's consultant if you have any health concerns or other what would you like.
- Plan on arriving an hour before your appointed treatment so that your can prepare yourself, mentally and emotionally.
- We recommended some time before your treatments to take a warm shower and enjoy the therapeutic benefit of our swimming pool. Your body will be more receptive to treatment.
- Visit the toilet – cleanse your system thoroughly, you don't want to be interrupted by the call of nature while the midst of relaxing massage.
- While we will always try to accommodate organize your treatments, late arrival may mean a reduction in your treatments time due to prior booking.
- Mobile phones, while a necessary dividend of modern living are not permitted in any of our treatment rooms or relaxation lounges.
- To certify a peaceful and tranquil ambiance in Saowarot Spa, we regret that children under 12 years are not allowed to the treatment rooms. ( to be compromise )
- WE provide disposable underwear for you privacy, don't be shy talk to your therapist while you undergoing treatment and our therapists will advise you on their usage. They should be worn during water based treatments and massage treatments, our therapists are fully trains to drape you to protect your privacy at all time.
- Please remember to drink fluids, especially water during and after your time at Saowarot Spa. Most of us do not take in enough fluids daily, so please remember the source of life.
- Gentlemen should shave a few hours before any facial treatment to increase comfort.
- If you have enjoyed a massage we suggest you leave the oils on your skin for up to 2 – 3 hours before taking a shower so that your skin fully absorbs the oils properties.
- If you are pregnant or have any other conditions that you feel dislike we should be aware of, please inform our spa's consultant and your therapists.
- Our therapists are fully trained to ensure your treatments are some of the best you will experience. However, please inform us at any time if you feel uncomfortable, or require anything else during your treatments, massage pressure, room temperature and what would you like.
- Please refrain from drinking any alcoholic beverage 3 hours or more before your treatment.
- We recommend you leave your valuables in your room or at your home, we don't assume liability for any valuable.

- After your treatment ... do not rush home immediately. Relax, to pry... you don't want to enter the real world so soon after being pampered and undergoing physical and spiritual cleansing.

The therapists reserves the right to terminate the treatment if she / he feels the client's behavior is undesirable